

Lamont Books Standing Order

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Teacher Notes and Activities

Marty's Nut-Free Party

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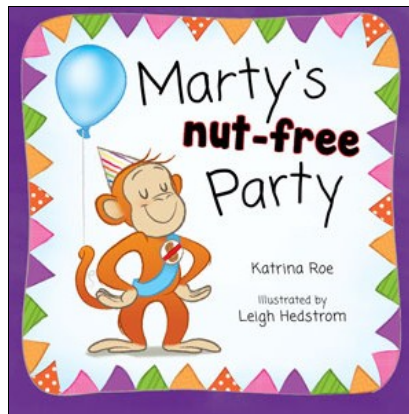
\$19.95

Marty loved to party.

At every party, Marty was the first to arrive and the last to leave.

That was before Marty found out that peanuts make him sick. Really sick.

Parties aren't so much fun for Marty now that he keeps ending up in hospital. How can Marty and his friends make their parties safe and fun for everybody?



Teacher Notes taken from those prepared by the publisher, Wombat Books. A full version is available at www.wombatbooks.com.au/teachers.html

Themes:

- Food Allergies
- Health and Safety
- Caring for one another
- Birthday parties
- Problem solving
- Having fun

Discussion Points & Activities

- Who loves birthday parties? What kinds of things usually happen at a birthday party?
- What are some of your favourite party foods?
- Does anybody in the class have a food allergy? If so, what are you allergic to? (If nobody in the class has a food allergy, do they know somebody with a food allergy?)
- What happens when you/they accidentally eat the food you/they are allergic to?
- What happens to Marty when he eats a peanut?
- Was it a good idea to pick the peanut sprinkles off the birthday cake? Why or why not?
- Sometimes when you read a packet of processed food (biscuits, chocolate, lollies, bread, ice cream, etc) it will say, 'May contain traces of nuts'. Does anybody know what this means?
- If there is an allergic child in the class, how do they feel about being allergic to that food? How do they feel when everybody else is eating something they can't eat? Have they ever felt worried about eating a certain food?
- What can Marty and his friends do to make their parties safe and fun for everybody, including Marty?
- What could you do next time you have a birthday party to make sure everyone is safe and included?
- Go the full version of the notes (site listed above) and using the recipe provided, have the class bake the Nut-free, egg-free, dairy-free cake. You may also like to have your own class party!
- Colour the attached colouring in page.