

# Lamont Books Standing Order

October 2012

*Teacher Notes and Activities*

## Today We Have No Plans

By Jane Godwin & Illustrated by Anna Walker

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A busy week, a slower day brings time to dream and time to play.

From the creators of the much-loved *All Through the Year* comes a journey through a week in the life of an Australian family, celebrating those precious days that have no plans.



### Themes:

- Slowing down
- Spending time together
- Enjoying simple things

### Discussion Points:

- Can you relate to the family in the story? Is your week like theirs?
- What is your favourite day of the week? What do you do on that day? Why do you like it? Who do you spend it with?
- Why is it important to 'slow down'?
- As a class, compile a list of all the activities and things that fill your week.
- What are some of the things that you might miss out on doing when you are too busy?
- 'This is a time that's just for us, we have no plans today.' What does this quote mean to you?
- Think about how busy your Mum and Dad are and about all the things that they do for you. Do they ever get a chance to have a 'no plans day'? What do you think they would do on such a day? Why?

### Activities:

- Keep a diary of your busy week. Include all the things that you do at school, home and for fun. Once completed, sit down with your family and work out how you might be able to slow down and spend more quality time together.
- Life now seems to get busier and busier. Ask your grandparents or another older person how life is different compared to when they were younger. Do they think it is better or worse? What are their reasons? Present your findings to your class.
- Draw a picture of your favourite thing to do with your family on a 'slow down' day.