

What's In My Lunchbox?

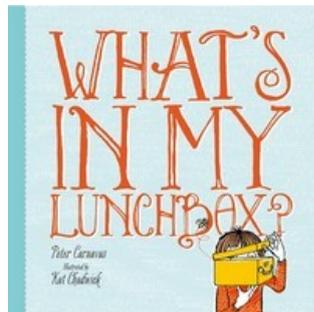
By Peter Carnavas & illustrated by Kat Chadwick

Publisher: New Frontier Publishing

ISBN 9781925059038

\$24.99

Today in my lunchbox I happened to find... What could be inside the lunchbox? An apple?
A bear? A dinosaur?



Teacher notes have been supplied by the publisher, New Frontier Publishing.

Discussion Topics:

Before and during reading the book:

- Have a look at the title and cover page. Ask the class what they believe the book will be about, and identify the boy, and all the different foods found on the cover design.
- With each new page, ask if the children can guess what will be in the next lunchbox.
- With each new discovery, ask if the children have ever had that particular finding in their lunchbox. Engage the class with questions about their personal reactions to these findings.
- Discuss what each character is holding and whether they would be likely to eat that in real life (e.g. the chicken is holding a sandwich).

After reading the book:

- Talk about the boy and how the findings of his lunchbox changed. What did the boy go from disliking to liking? Why do you think this happened?
- Ask how all these strange appearances (like dinosaurs) got into his lunchbox.
- Have a discussion about what the class have in their own lunchboxes.
- Have the children bring out their own lunchboxes and guess what will be inside. Then have them open to see if they know what their lunch is.
- Talk about who packs their lunch in their family, why, and what the children would pack if they made lunch themselves.

Activities:

- Create a drawing exercise where children illustrate another strange thing that could appear in their lunchbox. This can develop into a guessing game, where children can guess what their classmates have found in their lunchbox (see open lunchbox template)
- Have a brainstorm of all the healthy things that could be found in a lunchbox. Talk about which of these the children like, and which of these are in their own lunchboxes.
- To support alphabet learning, go through the letters and think of foods that could be found in a lunchbox that start with each letter. This could progress into a memory game, where the children (as a class) try to go through the alphabet by each food name.
- Going over colours, the children are given the opportunity to think of a food type that is the colour the teacher has said.